

Lunch Box for socially and economically marginalized students

Lunch Box aims at ensuring cooked nutritious mid-day meals to the economically challenged students of the college on full working days. The institution considers it as part of its social responsibility to provide adequate nutrition to the socially and economically marginalised students so that they may carry on their academic pursuits without hindrance. In the Indian context malnutrition of the girl-child is a major issue in rural as well as urban areas. As the college offers opportunities of higher education to students from all socio-economic classes, a section of the students find it difficult to pay for and avail of nutritious meals in the middle of the working day. Keeping in mind the need of these students, and taking the Mid Day Meal scheme of the Government as a point of reference, the college has introduced the Best Practice titled "Lunch Box". Under the scheme underprivileged students can enrol themselves to avail of lunch during full working days.

The scheme is being financed through the contribution of the teaching staff of the college. This is a unique endeavour in the context of higher education which aims to address the overall well being of a student, as academic progress is inextricably linked to nutritional health.

Impact: Lunch Box is a successfully running practice which caters to approximately 40 economically challenged students daily. The regular attendance of the students in this programme indicates its viability and success.



Lunch Box being distributed to students